

Members of the SIARI team remain available to offer our services to the public during these difficult times.

Although our offices are closed due to pandemic emergency measures, **we continue to offer our services remotely:**

Interpretation services:

Now, more than ever, communication is essential for the safety of everyone. The SIARI team has decided to offer its interpreting services **free** of charge. This will allow each person to obtain essential information in their own language.

Tax clinic:

The tax clinic remains active remotely. The team is committed to continuing to help you file your tax return, as it does every year.

To make it easier to send your documents, you can scan them with a web application. Here are some suggestions:

[Simple scanner](#)

[Fast scanner](#)

[Tap scanner](#)

You can pay us the administrative fees for this service by e-transfer. We will keep you informed as to what steps you will need to follow.

Immigration status:

In the event that your study or work permit expires, we remain available to assist you with the procedures for renewing your status.

We also continue to support applications for renewal of permanent residence, applications for citizenship and sponsorship.

Support for parents:

The SIARI daycare offers daily tools and activities to accompany parents and children during this period. You can access it by joining the Facebook group "Siari Daycare" <https://www.facebook.com/groups/869943093367349/>

Francization program:

- The participation allowance for this program will be paid to participants who were present during the winter session.
- For the session that began on March 31, a French teacher will contact you by email or phone ~~in order~~ to continue your at home and online learning. Please note that your participation in the proposed educational activities is required. If you are unable to participate remotely and wish to terminate your training, please contact the Customer Contact Centre at: 514-864-9191

Financial difficulties:

The current situation can affect your daily life on different levels.

Here are some tools and resources that can help.

If you think you are infected with COVID19:

Quebec

1 877-644-4545

Before you leave home, contact health-info 811

<https://www.quebec.ca/sante/problemes-de-sante/a-z/coronavirus-2019/>

Canada

This app will allow you to receive the latest updates, reliable resources and self-assess your symptoms.

Download the [app https://ca.thrive.health/](https://ca.thrive.health/)

Immigration status and access to care:

<http://tcri.gc.ca/nouvelles/402-covid-19-ressources-et-informations>

If you've lost your job:

Quebec

<https://www.quebec.ca/sante/problemes-de-sante/a-z/coronavirus-2019/#c47761>

Canada

<https://www.canada.ca/fr/services/prestations/ae/pcusc-application.html>

For food banks:

<http://jam-montreal.com/>

www.madacenter.com

www.multicaf.org

<https://lesnac.com/web/>

<https://sunyouthorg.com/fr/services/aide-alimentaire/>

Contact 211 for a food bank near you

If you are experiencing domestic violence difficulties:

<http://www.sosviolenceconjugale.ca/>

1 800 363-9010

24 hours a day/ 7 days a week

Stress, anxiety and depression associated with coronavirus disease COVID-19:

<https://www.quebec.ca/sante/problemes-de-sante/a-z/coronavirus-2019/stress-anxiete-et-deprime-associes-a-la-maladie-a-coronavirus-covid-19/>

Contact social news at 811

Information and referral services

Contact **211**

211 Greater Montreal is a free, multilingual telephone and web-based help service that directs you to community organizations and services.

<https://www.211qc.ca/>

For urgent questions, you can write to us in private via Facebook Messenger:

<https://www.facebook.com/siari.org/>

Or call us directly at: **514-738-4763**.

Despite a small delay, we respond to all requests. If you don't speak French or English, you can write to us in your language. We'll understand you!

#StayHome #ItWillBeFine